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Values Character Citizenship Education

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School:	
Class / Teacher:	
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Foreword

Pennacool.com and Republic Bank are dedicated to fostering youth empowerment through Values, Character, and Citizenship Education.

This activity book contains over 50 fun and exciting puzzles, games, and quizzes which foster Respect, Responsibility, Caring, Citizenship, Fairness and Trustworthiness.

By creating both online and printed content, we aim to provide quality educational resources to all primary school students, teachers and parents in Trinidad and Tobago, ensuring no child is left behind.

Using a thematic approach allows the focus of V.C.C.E to be integrated into other subject strands such as Social studies, English Language Arts and Science.

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Table of Contents Trustworthíness 4 Fairness 20 Respect 26 Caring 34 Responsibility 40 Citizenship 50

Trustworthiness

Trustworthiness is the ability to be relied on as honest and truthful. When you rely on someone, that means you put all your trust and confidence in that person. You can believe that a trustworthy person will not let you down. This person can be trusted with both their words and actions. 0

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Trustworthiness: Loyalty

What does it mean to be loyal? Loyalty is being present when support and assistance is needed.

Find the words below that represent being trustworthy and loyal.

	-	~	-	-			•	•	~	-		•		•
	Ε	D	Ε	Ε	R	Α	0	Α	D	R	Α	Α	L	С
	L	Ε	Α	Α	R	Ε	L	Ρ	Ε	D	R	I	N	Е
	B	R	Η	Α	Ε	С	L	Η	Ρ	S	Ε	Ε	Η	Ρ
	Ι	D	0	Ι	Ε	L	Ε	Ι	Т	Ε	Т	Ρ	Α	R
	D	Ε	Ν	R	S	Α	U	Η	Α	R	Τ	D	Ι	Ι
	Ε	Ε	0	L	С	Т	Ε	F	U	В	Ε	В	Ε	N
	R	D	U	В	С	Ε	Ε	Т	D	Ρ	L	Ε	В	С
	С	Α	R	Α	0	Ε	Η	Α	Ε	Т	Ι	Ε	Ε	Ι
	N	S	Α	R	U	F	Т	N	D	Α	R	Α	Ε	Ρ
Dependable Ethical	R	D	В	Т	U	В	D	Η	Η	F	L	U	F	L
	В	F	L	L	N	Α	Ι	L	Ι	R	Α	R	Ε	Ε
Principled Reliable	L	Ε	Ε	L	В	Ε	Ρ	R	В	С	Ι	S	U	D
Steadfast	T	Η	С	L	Η	Α	В	L	Ε	Т	Α	Η	Т	Т
True	R	R	Ε	S	Ρ	0	N	S	I	В	I	L	Ε	Η

A cryptogram is a word puzzle.

Numbers are substituted for letters.

To crack the code it would be helpful to solve short words

first as they can help fill in longer words.

Look for digraphs such as TH, HE, AN and IN.

CLUE: What does it mean to be loyal?



Jason told his teammates that he would be early to the big game on Saturday. He knows that they are depending on him because he is the goal keeper and late players are not allowed to play. Being trustworthy means that he will keep his word to his teammates.

Help Jason to find the way through the maze to the big game.

7

Jason is at his football match. The match starts in **Constant**. He and his teammates have been practicing for over a month for this game. His best friend, Anil, runs to him excitedly holding up two cinema tickets.

"Jason guess what! I just got two tickets to go and see the new movie that came out. If we leave now we can make it to the cinema on time!"



What should Jason do?

Stay and play the football game with his teammates or go to the cinema with his best friend?

Colour the picture which you decide best shows a good example of trustworthiness.

Some things that a trustworthy person might do are:

- 2. Be honest during a test and not copy the answers from someone else.
- 3. They do not take things that do not belong to them.
- 4.

1.

5. They tell the truth, even when it is not in their favour.

In the previous activity, you chose either the football match or the cinema. Write a paragraph outlining at least points that Jason should have considered in making the decision that he did.

Draw Jason doing what he believes best shows his level of trustworthiness.



When we are loyal we speak well of persons or entities (organizations) to whom loyalty is owed.

Below is a crossword puzzle with some people and entities we can show our loyalty to.



DOWN

- 1.
- 2. These are people who teach you every day.
- 3. These people raise you from birth.

ACROSS

- 3. They are in charge of running the country.
- 4.
- 5. These people are always there to lend you a hand.

Courage is the ability to stand up for yourself, for others and for what you believe in. It is built on the understanding of, and knowing what is right and what is wrong. It is at times a difficult decision to do the right thing but when we display candour and sincerity in all we do, it becomes easier.

We can show courage by:

1.

- 2. Following the rules even though we may not agree with them.
- 3.
- 4. Telling the truth, even when it is difficult to do so.
- 5. Taking action to help others in need; even if no one else will.





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There are many opportunities in life for us to be courageous. Think about times when you were courageous in your life. Can you solve the Bingo below?

	I found money in the corridor and took it to a teacher or to the office.	l raised my hand and answered a question in class.	l helped an infant student find their way around the school.
l helped a classmate study for a test.	l stood up for my friend who was being teased.		l am proud of who I am. I have my own style, culture, and lifestyle. I am not easily influenced by friends.
	I am not afraid to make mistakes in my schoolwork. I know that I am learning. I just don't have it as yet.	l stopped students from hurting an animal.	l volunteered for assembly or to do a presentation at school.
I spoke out against those who are disrespectful to persons in authority.		l encouraged my classmates to clean up our class / school.	l said no when my friends dared me to do something dangerous.

Instructions

Look at the boxes above. If you have completed one of the tasks, colour with your favourite colours. Can you make four straight or diagonal boxes? Then you have gotten a BINGO! Don't worry if you don't get all as yet. You can always come back and finish at a later date.

6

In the comic below, Sana is with Vijay. They are in the classroom taking a test.

Continue the comic to show what Sana should do next.





Sameer and Lucas had an adventure. Using the boxes below, illustrate the story in the 5 stages of your writing.



poems are poems in which the first letter of every line spells out a word. The poem does not need to rhyme.



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We need courage to be trustworthy. When we build up the courage to be truthful and honest, we can be seen as trustworthy.

Find the words that help us to be courageous and trustworthy.

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Courage Fairness



Trust Truthfulness











We have often heard the words, "That's not fair!" What is fairness? Is it being treated equally or justly?

> means that everyone is given the **same**. means each person gets what they **need**.

Being fair means that everyone has access to what they need. It is quite different from being treated equally or with equality.

Fairness

Sometimes we see a situation and we are quick to judge others. However, being fair entails that we be honest about our feelings in the moment and take time to understand what is going on and why.

Only then can we follow thorough our decision making process.

Find the words which showcase fairness in the word search below.

Honesty Impartiality

Candor Truthfulness Justness

Legitimate Rational

Ľ	F	Т	Н	Ι	Α	F	Τ	E	S	В	Y	Α	Ρ	U
	Ν	Ι	0	S	Y	R	R	N	Α	0	Α	Т	U	Υ
	S	Ι	N	Y	Т	Ε	U	R	U	Т	Ι	N	Т	Α
L.	Α	Т	Ε	Т	Ι	Т	Т	Т	Ε	Ε	R	Ι	Ι	S
	Ι	Α	S	Y	L	S	Η	U	Т	Q	R	S	Ι	Е
	В	Y	Τ	J	Α	S	F	Q	Τ	G	U	U	Ι	Т
	Ν	L	Y	U	Ι	Ε	U	Т	Ε	F	S	Ι	F	R
	U	Α	R	S	Т	N	L	Т	Т	Ι	Ι	Α	Т	Α
	Ε	N	U	Т	R	R	N	U	Α	Ι	0	Т	G	Υ
	G	0	Q	N	Α	Ι	Ε	U	S	N	U	Α	Τ	Ι
	D	Ι	Ι	Ε	Ρ	Α	S	S	Τ	Ι	U	F	Y	Ν
	Ι	Т	Q	S	Μ	F	S	Α	F	U	Ε	Ι	С	Т
	0	Α	Α	S	Ι	С	Α	N	D	0	R	Α	Α	0
	Т	R	S	N	L	Ε	G	Ι	T	Ι	Μ	Α	T	Ε

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When we are learning about being fair our emotions can sometimes get tangled and muddled up. We need to sort through what we feel inside in order to make wise choices on the outside.

Can you solve the Sudoku face emotions puzzle by drawing in the missing emotions, so that we are not repeating our emotions but working through them step by step?





To solve a Sudoku puzzle you must use one emotion in every row and column. It must also be the only one in its box. If you have more than one of the same emotion in a row, column or box, stop and think about where that emotion should go because it does not belong there. The same as when you are working through problems.

If you don't know how to feel, stop and think about it before going ahead.



Fairness



State what happened here:

How did you feel when you found you judged them wrongly?

?

Draw a picture of what fook place.	Store.
\mathbf{O}	
σ	
State how you would handle things differently now.	





Look at each of the following scenarios and circle whether it is **fair** or **equal** treatment that is given.

Scenarío		
 You are lined up for a race on the field with a group of students. An infant student is placed next to you to run the same distance in the race against you. 	Fair	Equai
2.	Fair	Equai
3. During a dinner party at home, the adults are served more food than the children.	Fair	Equai
4. A Standard 1 student is given the same amount of homework as a Standard 5 student.	Fair	Equai
5.	Fair	Equai

Choose any one of the above scenarios and discuss with your teacher or group the reason why you chose your answer. When you have finished your discussion, write your thoughts below about how the chosen scenario is being either fair or equal .

Spot the Differences

Find the 5 Differences between the two pictures below!



Here are some ways that can help you to be fair in your decision making process.

1.

2. Listen carefully with an open mind to what the problem is from all affected before having an opinion.

- 3. Do not take sides or have favourites. Be impartial.
- 4.

5. Be truthful even if it does not benefit you or those you know.

Spot the differences: purple book, blue skirt, yellow bandeau, second stack of books, blonde hair



Our Caribbean neighbours are those we share common interests with. They deserve our respect. As part of a community which strives towards togetherness in music, sports, arts, culture and food; we are both different and the same. We should treat all Caribbean nationals the way we would like to be treated.



Respect for our Caribbean Neighbours

In the Caribbean, we are a community. We are known as CARICOM (Caribbean Community) We can show respect for our neighbours by knowing who they are, where they live and how they identify themselves.

Find the words below that highlight respect for our Caribbean neighbours.



Respect

Each country has their own flag that should be treated with respect.

Can you correctly name the country of the flags shown? Do you know their colours?

Write the names next to the flags and then colour them in.















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What is Caribbean Music?

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Do you know that in the Caribbean we have many varied types of music.

There is , Salsa, Chutney, Bolero, Folk and Parang to name a few.

Title of Song	Genre	Artist			
Rally Round the West Indies		David Rudder			
Three little Birds		Bob Marley			
Zouk la sé sèl médikaman nou n		Kassav			

Which is your favourite type of Caribbean music?

Respect

Write the reason you enjoy it.
Can you write a short musical piece? Give your song a title. Say which genre it is. Perform it for your class.
Find out more about the songs above using different resources such as books, television, music collections, the Internet or your parents!
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Pirates of the Caribbean Treasure Hunt.

Items of the Caribbean were stolen away by pirates! They need to be returned to their destinations.

Write the name of the country that the item is most commonly known for.

Did you know that The Pirates of the Caribbean was filmed in St.Vincent and the Grenadines?

31

Respect

"Why you come here? Go back to your country nah!" shouted the boys to the new foreign students. The new students were very uncomfortable and upset. They came to Trinidad due to extreme circumstances which made life in their country unbearable.

Now here, they are faced with taunts and jeers.

Look at the following statements below and tick yes or no in the boxes after it.

	\cap	YES NO D
	$\left \right\rangle$	If you were living in a dangerous environment, would you want to go to a peaceful place to live? YES NO
	0	If you were not able to go to school and you had the opportunity to , would you want it? YES \square NO \square
	0	If your parents lost their job and could not get another in their country, but could get another in a different country, would it be okay for them to go there? YES NO
	\bigcirc	YES NO
	\bigcirc	If people in your country did not respect your religion and tried to kill you for it, would it be okay for you to go
	0	and live in another country? YES□ NO□
	\bigcirc	
	\bigcirc	If you are sick and cannot get medicine in your country, is it okay to go to another country where you can be
	\bigcirc	taken care of? YES NO
	\bigcirc	climate change, would it be okay for you to move to another country? YES NO
	\bigcirc	YES NO
These are		Discuss the points above with your teacher and classmates. of the reasons why there may be refugees that you see in your community.

Ensure that you treat them with respect because we are all human beings.



2.



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RESPECT CHALLENGE

Scavenger Hunt

Go to pennacool.com and look for the VCCE Subject. There you will see many videos, quizzes and games. Solve the riddles below to find the answers for the scavenger hunt game within the topic of Respect!

Put in your answers for this activity on pennacool.com. Look for the Scavenger Hunt activity in the topic of Respect to submit your answers!

- I teach you how to take care of your body. When you respect yourself, you will also learn to respect others.
- 3. Here we can learn about examples of being polite. Being polite to others is a part of respecting them.
- We are surrounded by beautiful animals and plants. We must care for nature and preserve it for the future. I ask you about the ways in which we can do this.



Caring

Become a Caring Caribbean Citizen

Citizens of Trinidad and Tobago do not only belong to our nation. We also belong to a Caribbean Community. Many of the islands of the Caribbean have joined forces to protect our lands and people. We should strive to lend a hand to keep our nation and community a beautiful and happy one.

Some things that we can do are:

- 1. Respect and care for our environment especially our Caribbean Sea which we all share.
- 2. Help our Caribbean neighbours in times of need such as natural disasters.
- 3.
- 4.
- 5. Learn about drug and child abuse and the ways to get help.




Shot the differences: rat, palm tree, t-shirt, plastic bag, soda can riseria & searces day and the value of up and the value of the val

35

Caring			
	and Tobago we c		re for and protect it. eautiful oceans with
	Howto	croato vour dia	orama
1.		create your dic	Jana.
2. Gather materic to you.	als. Below is a sugg	gested list. Feel free to	adjust any way that is suitable
 Use the cardbox Paint the box ox (You can use ox 7. 	ocean blue or blue other materials if yo	e-green to represent the pu wish.)	
8. Place pictures	or models of your	plants and animals in	the 'ocean'.
Cardboard box Glue	Sand Paintbru Paint Scissors	sh Construction pap Kite paper	ber Ocean creature Magazine clippings
36	You can	place a picture of your c	reation here.



Caring for our Oceans Poster



Caring

When we care about our home we also care about our neighbours and community. In the Caribbean we are proud of the beautiful beaches and friendly people all around us. It is our duty to take care of our natural resources and people in order for us to remain one of the most beautiful places in the world to visit.

Find the words below which show the ways in which we care.



Environment

Humanity



Write a letter to your regional health authourity seeking their help to assist your class in putting on a health fair for your school. Express 3 reasons why your class thinks that this is important and two reasons why you believe they may be able to help you,

\bigcirc	
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Responsibility



Using the words from the box, fill in the passage below.





accept actions

When I am responsible people can _____ on me. I can make good ______. I am a _____child, student and citizen of my country. I ______ both the positive and negative outcomes of my _____.

depend



individual student or as a class. Can you think of at least 5 of each responsibilities for each that you have? You can work on these lists individually or in a group. The first of each is done for you.

When the list is completed, challenge a friend to see whose list is complete by placing a check mark ($\sqrt{}$) in the box next to it.

At home there are some family responsibilities and some personal responsibilities. Can you sort them into the correct categories below?



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Responsibility: Rules

A rule is an instruction. It is based on the idea of what is the right way that something should be done.

Rules are given to keep us safe, teach us respect, show us how to interact with others and how daily things are to be done in general.

Rules for the society are called Laws. Disobeying rules and laws can get you in trouble with those in authority.

You should: 1. 2. Know the rules of your school. 3. 4. If you don't understand a rule, ask for it to be explained to you. 5.

It is our individual responsibility to know the rules of the society from which we belong. This can be our family rules, class rules, school rules or country rules. Our responsibility is to know the rules and take accountability for our actions.

Duty	T	Ι	0	Е	G	Т	Ι	Μ	Α	D	U	Т	Y	Μ
	С	Т	Τ	Μ	N	В	L	U	Μ	Ν	U	Ι	0	Т
Pledge	0	R	С	Ε	D	В	Т	0	Т	Ι	U	0	Ε	Ε
Burden Trust	В	Α	Μ	0	U	Η	R	С	В	Ε	0	G	0	С
Chore	R	N	U	R	0	Α	Α	N	Α	Η	U	В	Ν	G
Job	R	U	D	R	U	R	0	Т	Ε	Y	Ε	Ι	R	L
	0	Ε	Ι	0	Т	Μ	0	Ι	Т	С	Α	Т	Т	Ρ
	N	Т	U	N	N	0	I	Т	Α	G	I	L	В	0
	Y	I	0	0	Ε	Α	R	Ε	Ρ	В	I	R	Y	0
	I	С	J	Y	Т	Y	G	С	0	L	G	Μ	U	Α
	С	Η	0	R	Ε	D	Ι	J	Н	Ι	Ε	Y	Т	Т
	Ρ	R	Τ	D	Т	R	U	S	Т	Т	Ε	D	R	Т
	Μ	N	Т	Т	R	Ν	Ν	U	Ρ	Α	Μ	0	G	Y
	R	С	0	Μ	Μ	Ι	Т	Μ	Ε	Ν	Т	Ι	Ε	Ε

Find the words above that shows social responsibility.

It is not always easy to make responsible decisions. Here are 7 steps that you can follow





47

Safety procedures and guidelines

Due to the Corona Virus, we have many new rules.

One such rule is that we can only move one way in our classroom and one way out. Can you help Ashton get into class, go to the teacher's table and then to his seat?

Be careful that you don't exit the classroom or double back over the same lines you already drew.



Responsíbílíty: Rules

Create a poster that raises awareness about online bullying. In the poster, outline what is cyberbullying. Why it should not be done. What to do if you or someone you know is being bullied.



Responsíbílíty: Rules

We are not always responsible. We do not follow the rules we are given. This is the cause of a problem. At times this leads to negative consequences which is the effect of us not following the rules.

Can you list some causes and effects of not following the rules at the places listed below?

Number one is already done for you.

At the movies
 Cause: <u>I was not quiet during the movie.</u>
 Effect: I was asked to leave.

2. At Home	
Cause:	
Effect:	
3. At School	0
Cause: ——	
Effect:	
4. Cause:	
Effect:	



A citizen is a person who is a member of a country. They are given certain rights by the government. In return they are expected to be responsible and dutiful by upholding the laws of the land and being loyal to the country.

Citizens should strive for social justice where our society understands the values of human rights, freedom, equality and dignity.

You can practice this by:

- 1.
- 2. Knowing your rights as a citizen.
- 3. Being responsible in maintaining your rights.
- 4.
- 5. Volunteering and participating in activities which help social issues.



According to the United Nation Convention on the Rights of a Child, all children around the world have the same rights. It is however the responsibility of the government, family and children themselves to ensure that they fulfil the responsibilities of these rights.

		G	S	Τ	R	G	0	Н	I	S	Ν	Y	S	Ε	N
Society		С	S	Ν	Ε	T	Т	Т	Ι	Α	Т	Т	G	Ι	V
Allegiance Inhabitant		0	0	Α	S	Т	0	Т	Ι	В	Μ	Α	Ι	Ι	Ν
		Μ	С	Т	Ρ	R	Ν	Ι	Ι	Μ	S	L	Ε	Ν	Α
Resident Native		Μ	Ι	Ι	0	G	Ε	Α	L	N	Ε	L	N	В	S
	R	U	Ε	0	N	N	Ι	S	Т	U	N	Ε	0	Α	Ι
		Ν	Т	Ν	S	Ι	Α	S	Ι	Ι	Ι	G	Ι	Ε	Ν
		Ι	Y	Α	Ι	G	Ν	Т	Т	D	В	Ι	Ν	R	Т
		Т	Ι	L	В	N	L	S	Ι	Ι	Ε	Α	N	R	I
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an		Α	Ι	Ι	L	L	Ε	Н	Ν	Ν	Ε	С	Т	Ν	Ν
		Α	U	Ν	Ι	Ε	G	G	N	G	0	Ε	С	Y	Ι
		Ν	Т	Ι	Т	В	Ν	Ι	0	Т	S	Ι	Y	Ι	Т
		Ν	L	U	Y	Α	G	R	Α	Ν	Ε	Т	Ε	Ν	Т
								1							





Rights, Responsibilities and Privileges. Your rights (the Rghts of a Child) are those things that the law says that you are entitled to. Your social responsibility is how well you perform the duty of your right without harming others. A privilege speaks of those rights that you have, that for various reasons, others around you may not be able to access.

Take a look at these Rights, Responsibilities and Privileges that some children may have and fill in the blanks.

A child has the	to a good education.
A child has the	
A child has the	to be able to attend school every day.
A child has the	
A child has the	to ensure that their environment is clean.
A child has the	to have somewhere to live or go to school.
A child has the	
A child has the	not to waste the food they have.
A child has the	to have money to purchase food.
A child has the	
A child has the	to grow up in a place that is safe for them.
A child has the	
A child has the	to respect other religions.
A child has the	to have a place to practice their religion.
A child has the	to medical care.
A child has the	to take care of themselves.
A child has the	
A child has the	to be protected from cruelty, conflict, exploitation
and neglect.	



The world is made up of seven continents. There is Antarctica, Asia, Africa, Australia, Europe, North and South America. With the exception of Antarctica, all the major races of the world hold the other continents as the birth place of their race. These are Asians, Africans, Europeans and the Indigenous peoples of the Americas. Can you think of what contributions these races have made to mankind?

E.g. The Indigenous people of North America gave the world our most well known foods such as potatoes and corn. Without them we would not have things like fries, chips, or mashed potatoes as part of our diet.

Can you write one major contribution of any race in one area such as music, technology, medicine?

Would the world particular race? \	be a better place without all of the positive contributions of one Why?

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